



Sweet and Sour Red Cabbage

Ingredients:

1 red cabbage finely sliced

1-2 green apples, chopped

1-2 onions, chopped

½ cup of rapadura sugar, brown sugar or sweetener of choice

Lemon juice to taste

Dob of butter

Method:

Saute the onions and apple in some butter in a heavy pan until soft. Add the cabbage, sugar and lemon juice and stir to mix. Cover the pan and cook on low heat until the cabbage is soft. Serve while hot or allow to cool and serve as an additional 'salad'.
